APA FORMAT FOR STUDENTS IN ANY OF THE HEALTH CARE MAJORS (NUR, PT, OT, PA, HSA, ETC.)

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BASIC INFORMATION ON APA

Margins: 1” on all sides (unless the document is to be bound, and then leave 2” on the left side)

Line Spacing: Double space entire document, including block quotes

Punctuation: Two spaces after ending punctuation is preferred except when referencing material

Voice: Use third person only unless instructor states otherwise

WHEN SHOULD I CITE?

Cite when either of the following applies:

1.) The information, concept, or words are not your own.

2.) The statement is not common knowledge.

Remember, even if you change the words, the information is still not your own, so you DO need to cite.
Teaching Manual Lymph Drainage to Breast Cancer Survivors with Lymphedema

Mary Anderson

D’Youville College
Teaching Manual Lymph Drainage to Breast Cancer Survivors with Lymphedema

Mary Anderson

Medical and Social Conditions

August 26, 2015
Teaching Manual Lymph Drainage to Breast Cancer Survivors with Lymphedema

Some breast cancer survivors who suffer with lymphedema can be taught to perform manual lymph drainage on themselves. This procedure does not take the place of seeing a lymphedema specialist; however, as it is important to accurately measure the affected limb from the hand to the shoulder....
As indicated by Ames (2012), “while estrogen does not appear to cause breast cancer, estrogen can feed into breast cancers that are estrogen receptor positive” (p. 42).

NOTE: If you cite Ames again in the same paragraph using a signal phrase, you do NOT list the year again. However, you always need to list the year in a parenthetical citation.
As indicated by Ames and Best (2012), “while estrogen does not appear to cause breast cancer, estrogen can feed into breast cancers that are estrogen receptor positive” (p. 42).
“While estrogen does not appear to cause breast cancer, estrogen can feed into breast cancers that are estrogen receptor positive” (Ames & Best, 2012, p. 42).
The issue of estrogen as a factor in breast cancer is a confusing one because in patients with an ER+ status, estrogen feeds into an already existing cancer (Ames & Best, 2012). However, there is no proven causative relationship.
CITING WITH 3, 4, OR 5 AUTHORS

First citation:
(Anderson, Jones, & Smith, 2014)

Subsequent citations:
(Anderson et al., 2014)
CITING WITH 6 OR MORE AUTHORS

First author + et al. for the first citation and all subsequent citations.

Example:

(Anderson et al., 2014)
CITATION WITH MULTIPLE AUTHORS

One in eight women are diagnosed with breast cancer annually (American Cancer Society, 2015; Canton, James, & Barkley, 2014; Fredericks, Johnson, House, & Woods, 2016).

NOTE: Each group of authors should be listed alphabetically by the letter of the first surname of each author in a group. Do NOT rearrange the authors within a group.
“The mortality rate among women under 50 who have been diagnosed with breast cancer has decreased over the last 20 years” (“Breast Cancer Statistics,” 2015, para. 4).

NOTE: Do NOT use “Anonymous” as the author unless the author is actually listed as “Anonymous.”
SAMPLE BLOCK QUOTE FROM A CORPORATE AUTHOR IN AN ONLINE SOURCE

As indicated by the National Institutes of Health [NIH] (2010) in their recent study,

alternative strategies for pain management, such as acupuncture, herbal remedies, chiropractic massage therapy, etc., have not always been widely accepted among the medical community. However, there is a recent trend indicating that these alternative practices have been useful for patients who have not responded well to conventional pain management treatments. (“Chronic Pain,” para. 4)

Note: All quotes should be double-spaced; This is not shown above due to space limitations.
According to a study conducted by Ferrentino (as cited in Harrison, 2012), when the onset of asthma occurs in adulthood, the patient generally does not outgrow the condition.
WHAT TO INCLUDE IN THE REFERENCE LIST

Include ONLY the works that you have cited in your paper, but be sure to include each one. Also, the author and year are the first two elements in a reference entry, and they must match the author and year listed in the citation.

Example of citation:
(Ames, 2014, p. 44).

Example of reference entry for this citation:
doi: 18567.952/760-8317

NOTE: All reference entries should be double-spaced.
References


NOTE: This page should have a header with a page number.
SAMPLE REFERENCE FOR A JOURNAL ARTICLE WITHOUT A DOI NUMBER (MORE THAN SEVEN AUTHORS)


HOW DO I REFERENCE A DOCUMENT IF IT CONTAINS A DOI NUMBER EMBEDDED IN A URL?

Use the doi number only.

Example: If the document lists the URL as:
http://dx.doi.org/10.1016/j.foodcont.2013.06.004

The doi number is:
doi:10.1016/j.foodcont.2013.06.004
BEST SOURCES FOR APA

• blog.apastyle.org

• This PowerPoint presentation listed on Moodle

• Purdue OWL https://owl.english.purdue.edu/owl/resource/560/01/

• Publication Manual of the American Psychological Association (APA Manual)
FREQUENTLY RESEARCHED TOPICS WITH PAGE NUMBERS

Initial and subsequent sample citations  p. 177
Rules regarding citations  pp. 169-192
Rules for references page  pp. 193-224
Levels of headings  pp. 62-63
Rules about numbers + exceptions  pp. 111-114
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