

D'Youville College Exercise Sports Studies Curriculum Breakdown

Core Requirements		Credits
ENG 111	English Communications I	3
ENG 112	English Communications II	3
PHI 201 (or)	Ethics in Theory & Action	3
RS 201	Religion & Social Responsibility	3
	5 Humanities Electives	15
	History Core Elec	3
SOC 101	Principles of Sociology	3
PSY 101	General Psychology	3
PSC 201 (or)	Amer Govt & Economics	3
ECO 201 (or)	Principles of Economics -- Macro	3
ECO 202	Principles of Economics -- Micro	3
MAT 1__	Math Core Course (Track 3: 122 or 125)	3
CSC 110 (or)	Computers & Computing	3
CSC 151 (or)	Intro to Computer Programming	3
CSC 161	Intro to Multimedia	3
BIO 107	Human Anatomy & Physiology I	3
BIO 107 Lab	Human Anatomy & Physiology I Lab	1
BIO 108	Human Anatomy & Physiology II	3
BIO 108 Lab	Human Anatomy & Physiology II Lab	1
	3 Free Electives	9
	Subtotal	59

ESS Core		Credits
ESS 101	Intro to Ex/Sports Studies	3
ESS 201	Principles of First Aid, Athletic Injury	3
ESS 270	Ex/Sports Studies Practicum	3
SOC 312	Sociology of Sport & Physical Activity	3
ESS 410	Special Topics in Ex/Sports Studies	3
ESS 470	Ex/Sports Studies Internship	3
ESS 490	Ex/Sports Studies Seminar	0
	SUBTOTAL	18

Core Requirements	59
ESS Core	18

Students Choose One Track		
Exercise Studies Track		Credits
CHE 111	Chem for Health Sci I	3
CHE 112	Chem for Health Sci II	2
CHE 113L	Chem for Health Sci II Lab	1
ESS 301	Exercise Prescription/Fitness Eval	3
ESS 306	Exercise Physiology	3
BIO 339	Human Gross Anatomy	6
DTC 306	Principles of Nutrition	3
DTC 328	Nut for Fitness/Athletics	2
	8 Electives	24
	Subtotal	47
	TOTAL	124
Sports Studies Track		
PSY 203	Developmental Psychology	3
PSY 204	Physiological Psychology	3
SOC 322	Health, Illness, & Society	3
SOC 400	Social Epidemiology	3
	11 Electives	33
	Subtotal	45
	TOTAL	122
Health Professions Track		
CHE 111	Chem for Health Sci I	3
CHE 112	Chem for Health Sci II	2
CHE 113L	Chem for Health Sci II Lab	1
ESS 301	Exercise Prescription/Fitness Eval	3
ESS 306	Exercise Physiology	3
DTC 306	Principles of Nutrition	3
DTC 328	Nut for Fitness/Athletics	2
PHY111/L	Intro to Physics 1	4
PHY112/L	Intro to Physics 2	4
RSC203	Med Terminology	1
PSY203	Developmental Psych	3
MAT123	Stats	4
	4 Electives	12
	Subtotal	45
	TOTAL	122